



CONTENTS

THE 89th INTERNATIONAL ONLINE TEACHERS SOCIETY ESSAY CONTEST

HERO I BEING A PARENT IS HEROIC IN ITSELF | Kathlyn Q. Barrozo | 2

HERO I WHO'S YOUR HERO? | Kathlyn Q. Barrozo | 3

HERO I THE HERO INSIDE US - AN INHERENT EXCELLENCE | Marian Baltazar | 4