



A LIFE WORTH-LIVING

Marian Baltazar
Class of 1980, university of the Philippines College of Manila
AB Political Science

There are times when we stop and ponder, trying to decipher everything that we have experienced, if we are really into a life worth-living. We delve deep within our thoughts trying to reminisce all the good and not so good things that transpired in our life. Through all the good times and bad times that we've encountered, it doesn't really mean that these make us less of a person. But instead, all these mementos which transpired in our life has made us into what we are right now. They are now memories that linger in our minds and as long as we live, it can never be forgotten because it will last forever.

There are times in our life when we have done selfless deeds and we didn't even notice it. We didn't even realize that we have made a person happy and made that individual thankful for whatever we did. All of these daily countless kind actions actually make a great impact with other people too. Having true and sincere dealings with others create a good rapport. If we are honest with the people around us, then we have our fair share of making this world a better place to live in.

When we realize and make it known to our self that life is very important because it is a gift from God, then we come to know the true value of it. Life is a gift from God because of His great love for us. Life given by God to us serves as our human dignity and so we must treat each other with respect and dignity too. We were all given talents and abilities to share with the world and this is what makes our life worth-living. Life becomes meaningful when we share, interact, love and care for others.

We should handle our life with the greatest of care. It is us who will be held responsible as to whether or not we have treated our lives and the lives of others with dignity. For at the end of the line, we are all accountable to God as to how we lived our life. Whether we are at our younger years or at the prime time of our life, we should live it to the fullest and make our life worth-living. We should not take things for granted in life and not waste time effortlessly. We cannot take back the hands of time for we all pretty know about the saying that time lost is lost forever.

Take things seriously, meaning we should always make use of our time and spend it wisely. Let us see to it that we would do anything, everything in order for us to make a big difference in this world we live in. After all, at the end of the line, when our time has finally come to an end, we can say earnestly that "I have lived a good life and I am ready to go and be with my Creator." No drawing back, no second thoughts, no wasted time spent and without regrets because we have truly lived a life worth-living.

Questions for discussion:

1. Are you satisfied in living a life according to how you would like it to be? Explain your answer.
2. Will you go out of your way to fight your rights just to make your life worth-living? Why or why not?
3. Are you contented in your life right now or do you think that there are still a lot of things for you to do to make it worth living for? Justify your answer.
4. Are you living your life according to God's purpose or only according to what you think needs to be done? Elaborate on your answer.
5. Do you have any regrets at any point and time about how you lived your life for the past few years? Why or why not?