



Love: Thoughts to Consider

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Love is what we all want to receive or give. Love can overcome so many difficulties that we face with in life. Love is definitely so powerful that it can turn our miseries into happiness. It can help mend broken hearts. It can even turn all of the ugliness in the world into the most beautiful thing. Having a peaceful and a wonderful world is indeed a monumental task but if each of us will contribute in our own simple way, that task can become a reality. Love can be potent as it can be, but it can only use its magic if we allow it to. For love to come, we must let go of other emotions that gets into love's way. How to do it? Here are thoughts to consider

Perfection- No one is perfect! Perfection doesn't exist and we have to accept that fact. If only people understand this, they can easily get along with other people. They won't need masks to hide their imperfections.

Anger- Being angry is really normal, but holding on to that anger isn't really necessary. Why not try to forgive? Forgiving might be hard but it is the only way for us to have inner peace.

Expectations- Try not to have high expectations so you and other people won't be disappointed. Having high expectations usually result to failure. And I know no one wants to feel like a failure. Set your expectations low enough to make it achievable!

Harshness- Consider your choice of words before you utter them. As said in Proverbs "A soft answer turns away wrath, but a harsh word stirs up anger."

Mistakes- We all make mistakes! So when someone else does, forgive them as you hope others would do for you. Allow them to be "only human" and consider the fact that they didn't mean any harm by it.

Impatience- Always be reminded by the old saying- "Patience is a virtue". Who wouldn't want to be a little more virtuous? (According to Webster, "virtuous" means moral quality or excellence)

Envy- Anna Monar once said "Some people suffer from the green-eyed monster called envy". Instead of envying the people around you, why not concentrate on how you'll be successful in life. You'll never know, someday you may wind up being envied instead.

Revenge- Someone always gets hurt by this, and the sad part is, those who are hurt are merely innocent ones.

Instead of any of the above, why not consider this options.. Smile more often- it may cause a few wrinkles, at the very least, but then so does frowning. Isn't it great to gain friends by simply giving a smile to everyone? Like what the song says, "You'll find that life is worth living if you just smile". Take time to know each other's heart- when you do you will be able to be more understanding and less apt to misunderstand other people's intentions, which probably were never meant to hurt or upset you to begin with. Love causes less heartache, less misunderstanding, less stress, less of just about everything negative. Love does reap rewards- happiness, joy, peace, health, and so much more that are positive. Isn't that what we want most for this world? It's not really impossible and we can all help to make it. We can at least try? Think about it.

Questions for discussion;

1. What are the options that should be less considered in order to gain love?
2. What are the pros and cons of jealousy?
3. In your own words, why do we have to smile?
4. Do you think revenge is good? Why? Why not?
5. What can you contribute in making the world a happy place to live in?