



IS CHANGE EASY?

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We've often heard it repeated that nothing is ever easy. Everything has been designed to pose a challenge, and that includes change. We can not easily forsake the tried and proven for what has been untried and untested--- the chances of failure may prove to be great. But as progressive individuals, we must learn to take things as they come, including change.

Why is change often necessary? Simply because if you don't institute some form of change, you might get run over. This is a world that thrives on maximizing time: time for new measures; time for better policies; time for changes. It's a rat race, and you wouldn't want to be caught flat-footed.

How is change instituted? How does it happen? It could be in a gradual manner, and if so, would be wonderful. But more often than not, changes happen at the blink of an eye. It has gotten to be so that you might never know what hit you. Therefore, stay on the lookout, be alert. It would be much better to be ready and not have to use what you have armed yourself with in the preparation than to not be ready at all. That would perhaps be the greatest tragedy—to lament your losses when they could've been avoided in the first place.

When is change necessary? This is probably the most difficult question to answer. As a rule, change what is useless or old or extremely deficient. Aim for something newer, better, more useful and complete. Unfortunately, the yardstick for change may seem to be too long for some while being too short for others. We would be better off deciding for ourselves when change is truly necessary, and necessary right now.

When we live life to the fullest, these questions may not be needed at all. If we constantly hone ourselves and develop whatever needs to be developed, then changes might be few and far between. However, living a life worth living will more often entail making adjustments within the person and his ideals or beliefs. Otherwise, you'd just get stuck with an empty, boring, uninteresting life.

We encourage the younger generation to make changes. Yet how many of us actually are prepared to make changes of our own? How many among us have actually taken steps to make changes in our existence? The answer, much too often, is almost none. Those who have actually gone out, dared or ventured to make changes are too few to make a significant impact. Perhaps, they who have done so have been recognized as visionaries in their respective fields.

The good news is, we can all become agents of change. All we need to do is study ourselves thoroughly, and start with the man we see in the mirror.

QUESTIONS FOR DISCUSSIONS:

1. In your opinion, which people have been good agents of change? Be able to talk about their contributions to the world.
2. Are you prepared to make your own changes to the world we live in? What will those changes be?
3. Are there things you wish to change? What are they and why do you feel they need to be changed?
4. Is it ever easy for you to change something about yourself? Explain your answer.
5. Do you know of any one who finds change difficult to deal with?