

IDEAS 12

**International Online Teachers Society
Debate
Educational Materials For
Advance and Upper Intermediate
Students**



**International Online Teachers Society
Publishing Committee**



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THE 12TH INTERNATIONAL ONLINE TEACHERS SOCIETY ESSAY CONTEST

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A PURPOSE DRIVEN-LIFE IN A PURPOSE DRIVEN WORLD

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When I ask my students about what drives them to study English which is generally a quirky, nuance-filled language, their classic answer is: to get a great job in the future. One of the most unlikely (and unique!) answers I've ever elicited was: to communicate well with a beloved studying in a country where the native language is English. This is why I love my job, folks!

But kidding aside, any conscious effort to do anything under the sun typically starts from a single germ of motivation, which grows until a plan is conceived, evolves until an action is carried out, and gives an individual immense satisfaction when it attains fruition. However, the thing about motivation is its cunning ability to package itself as good and noble, even when it essentially isn't so.

Take for instance the drive to succeed. There's nothing wrong with that at all. The motivation can be propelled forward by a desire to make life better for the family. But what of those who wish to succeed so they could see others around them turn green with envy? So they could ultimately look down on other people as puny and as children of lesser gods? So that those who have done them injustice would one day get their comeuppance? The operative word here is success, and motivation to attain that becomes a double-edged knife.

Remember that motivation is inherently good, but the road to hell is paved with good intentions.

What drives a husband to murder his wife? Jealousy. What drives a teenager to lie to his parents? The fear of getting scolded/punished. What drives a criminal to do a dastardly deed? Money, lust, anger. What drives a politician to steal from public coffers? The selfish desire to enrich himself.

What drives a mother to rise up early everyday and do housework? Love for family. What drives a teacher to prepare her lessons everyday? Passion for work. What drives an artist to hone his skills? The satisfaction of knowing that his craft is something that would potentially inspire people in various ways, too. What drives a doctor to seek for the best therapy, cure or technology to alleviate his patients' suffering? The sincere obligation to first do no harm and consequently prescribe a regimen for the good of the patient. What drives a writer to create penned works? The desire to somehow change the world even in the tiniest ways.

In conclusion, let your motivation, inspiration, aspiration, ambitions drive you. But let that push bring you ever closer to the Omnipotent Creator who put you here with a purpose. Your purpose in life is to find that purpose. And when you fall, don't stay bitter: GET BETTER!

Questions for Discussion:

1. What is your greatest motivation for studying English? Is it identical to what was mentioned in this essay? Elaborate on your answer.
2. How do you get your motivation? Are you motivated by what you see and hear about?
3. Can motivation always lead to success in an individual's endeavors? What are other things that you have to consider to reach your goals?
4. Why is motivation important? What ultimately happens when motivation is lost? Support your answer with examples.
5. Is it easy to tell whether one's motivation is good or bad? Can the end ever justify the means? Explain your answer.



STAY MOTIVATED

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It is not new to us or hardly a secret that the key to successfully accomplishing your goals is to stay motivated. There are so many moods that we experience daily and more often than not it affects our outlook in life. When we start being pessimistic, hopeless, depressed, feeling restless, and even wary in everything that is happening around us, our spirits are down. We cease to work and we develop a negative attitude. We lose enthusiasm and stop being a diligent person. Now, we get distracted and stop being productive. How can we then accomplish anything in our life and thread the road to success? Not knowing what you like is not being healthy, for after awhile an individual will start experiencing ennui. There should be a reason for all these things happening and there is a solution to this matter.

Let us not lose that trust in ourselves, and this is the reason why we have to stay motivated. More time should be spent for us to learn this craft so that our quality of life will change dramatically. This is very true for we should be in full charge on how motivated our feelings are in any given situation. In doing so, we perk up our spirits and add zest to our life. Discover the facts of staying motivated by starting to be optimistic in life. Fire up your motivation engine and have the assured feeling that you are the one in charge of your life. Find out the good reasons behind any course of action that you take, no matter how simple it is or how tedious the work that needs to be done. This will help you bring back your motivation and will help you finish those tasks. Staying motivated is having that desire to make things happen. You have to know what you want and really long to do. In that way, you will feel compelled to move ahead and get it. Hence, you will begin to see that more things are done in a facile manner. You will have order where there used to have chaos. Acknowledging all these arduous tasks completed will make you feel good. So you can enjoy that feeling of satisfaction in accomplishing something at the end of the day.

Stay motivated in facing all the challenges of life and even when you confront all these pessimistic people who makes you more determined to do things your way. Have enthusiasm to start new projects and stay motivated over time. In no time at all you will renew your complete confidence in your ability to succeed. These drive and enthusiasm positively affecting those people around you will spread like cancer. This will inevitably pave the way to develop more your leadership skills. Eventually, people will turn to you for leadership and seek your guidance. Consequently, you earn respect from your colleagues and all the people around you because now they seek your valuable advice for salient matters. You should also have the habit of eliminating problems while they are still small. Stop having regrets and deadline frenzy will be a thing of the past.

Beat procrastination and start achieving again. Be a more responsible person by having your work done efficiently. Feel the excitement and passion when you are giving your 100% effort in anything you lay your hands on. With all these things, it will put you back in control. Feel that tremendous and fantastic feeling about yourself. Stay motivated, have that self-esteem and accomplish much more in your life....achieve greater success and live a full life.

Questions for discussion:

- 1.How can we stay motivated even when we experience the pressures of life?
- 2.Give a very good reason why a person should stay motivated even when faced with negative people.
- 3.Can staying motivated put out the best in you and be a panacea to lost souls who are derailed?
- 4.Given an imbroglio, do you believe staying motivated can prove to be a great help and change the attitude of a person?
- 5.Which will make you feel better, just brood over your problem until you get over it or try to garner your self-esteem and stay motivated? Explain further.



MOTIVATION – RETRAINING YOUR BRAIN

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Do you start the day by dragging yourself out of bed just to struggle for another tiring week? Do you also feel frustrated and unappreciated in life? Is the excitement about your work now deteriorating? It...’s about time to regenerate and retrain your brain. Train your brain on how to be more productive and successful. It all starts with your inner self, subconscious mind and other self.....whatever you want to call it.

Motivation is an essential life skill. It is crucial in our daily life and this is the sole reason why one must discover how to be motivated and stay motivated. It is the need or desire that causes a person to act; a motive for taking action; a reason to act. Motivation is a critical factor in accomplishing one’s goal and without motivation, no goal can be accomplished. Therefore, you should determine the goal and know your desire on why you want that goal. Motivation is also defined as something that inspires us. Then, the more it gives us reasons and motives within ourselves, for us to pursue that certain goal. This reminds me of what Anthony Robbins said, that “Giant goals produce Giant Motivation.” It is precisely why a person should know with clarity what he really wants to do in life. Most important of all, an individual should personally know the motive or reason as to why you are determined to attain that goal.

Moreover, a person also needs to develop passion (the desire and the longing) in what he really likes to do and this may be possible when we unleash that unstoppable momentum geared towards attaining one’s dream. Passion is a combination of loves and hates. A person has to find reasons as to why you love to attain your goal and why you hate not having it. If you feel passionate about something then motivation follows. Try to understand what motivates you and enjoy greater success. Start having the feeling that you are in charge of your life. Then you will be compelled to move ahead and achieve what you want.

Retrain your brain and regain your composure. Feel great about your life. Make a reality check and inculcate in your mind that you are the only one who can keep your motivation going. Renew that self-confidence, stay focused, genuinely trust in yourself and be fully motivated to succeed. Stop procrastination, take control of your life and discover a better way on how to make the most of the opportunities ahead of you. Take charge of how motivated you feel in any given moment. Earn the respect of your constituents by being a dependable, reliable and responsible person that you truly are. The key to proper motivation is setting your goals, to have a realistic and concrete plan. Every victory, success or acknowledgement comes through realistic goal setting – this puts us into proper perspective. Now is the perfect time to improve every aspect of your life by becoming a master of self-motivation. Achieve and live your dreams and aspirations. After all, you can make things happen!

Questions for discussion:

- 1.What does retraining your brain mean?
- 2.Can you be passionate over something that doesn’t interest you? Why and why not?
- 3.How do you motivate yourself and be enthusiastic in what you really like to do most?
- 4.What keeps you motivated in life?
- 5.What do you do to unleash that passion to attain your dream or what you want in life?



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