



## COSMETIC SURGERY – ITS PROS AND CONS

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Cosmetic or Aesthetic Surgery is a highly sophisticated specialty that is dedicated not only to the return of the face and body to normal but to improvements that surpass the normal. Nowadays, cosmetic surgery has become more popular for modern people. There is a growing awareness that the role of modern medicine should not be limited only to the treatment of diseases but that it should alleviate human sufferings in all its forms. Survival is no longer the only principal effort; improvement of the quality of life is also important. It is impossible to measure human suffering because some people are so consumed with their appearance that they let it affect their well-being. A flat nose may be unimportant to one individual; however, in another it can produce emotional discomfort. Cosmetic or aesthetic surgery can truly satisfy many needs and more than often will provide the extra measure of inner measure, which we all know is difficult to achieve. It is however not the answer to all of life's problems. The sole purpose is to improve or enhance one's appearance as much as possible.

We can not deny the fact that enhancing one's appearance is the demand of the people because everyone always wants to be good-looking in other's eyes. The point is if you take too much advantage of cosmetic surgery, it can be dangerous and eventually face unforeseen consequences, then it will probably be too late for you to regret. Take the case of Donatela Versace (famous fashion designer), her face changes drastically due to some unfortunate plastic surgery. Therefore, one has to think carefully before making any cosmetic surgery. On the other hand, other people disagree with it. They say that cosmetic surgery involves risk which may cause heart attack or it can even have side effects that can be detrimental to an individual's health. In reality, it only masks the inner problem, for what cosmetic surgery does is only to change or alter the appearance but not the mental state of an individual. In some cases, cosmetic surgery does help individuals. For instance, things like skin grafts on burnt victims or the correcting of an abnormal feature on the human body. These things help people feel more normal and this is how cosmetic surgery was first used. But now, people started to use cosmetic surgery, not to look merely normal but perfect.

I believe that cosmetic surgery is a personal option but in some cases it becomes a bad addiction. In the case of personal option, it is not necessarily a bad thing for it serves as a self esteem booster, that is circumstances where cosmetic surgery is minor but it creates a positive change in a person's life and in many cases too helps save people's lives. When cosmetic surgery becomes an obsession, it turns to be a bad situation because people start changing their perception from a physical to a mental problem. Overall, it really depends on the person who would undergo this procedure for I believe that each individual person truly contributes to cosmetic surgery to be both good and bad.

Questions for discussion:

1. Is Cosmetic Surgery good or bad?
2. Does Cosmetic Surgery have more advantages or disadvantages?
3. If you were asked to choose, would you rather have Cosmetic Surgery or prefer not to? Why?
4. Is Cosmetic Surgery changing or affecting the inner self of a person?
5. Is Cosmetic Surgery one and the same thing as aesthetic surgery?